RAJRISHI BHARTRIHARI MATSYA UNIVERSITY ALWAR-Rajasthan

Syllabus

(Graduation)

Discipline: Psychology

Faculty: Social Science

2023-24

Psychology in B.A. Program: Semester wise course types, Course codes, Course title, Delivery type, Workload, Credits, Marks of Examination, and Remarks if any.

Level	Sem	Course Type	Course Code	Course Title	Delivery Type			Total Hours	Credit	Total Credit	Internal Assessment	EoS Exam	M.M.	Remarks
					L	T	P							
5	I	DCC	PSY001	Basic Psychological Processes	4	2	-	60	6		20	80	100	
		DCC	PSY001P	Practical I: Basic Processes in Psychology	-	-	P	60	2	8	20	80	100	
	II	DCC	PSY002T	Social Psychology	4	2	-	60	6	8	20	80	100	

Level	Sem	Course Type	Course Code	Course Title	L	T	P	Total Hours	Credit	Total Credit	Internal Assessment	EoS Exam	M.M.	Remarks
			PSY002P	Practical II: Social Psychology	-	-	P		2		20	80	100	
	II	SEC	AEA0021T	Professional Communication	2	'	-	30	2	2	10	40	50	May be opted from other core courses.

An information regarding codes:

DCC extends for Discipline Centric Core
DSE extends for Discipline Specific Elective
AEC extends for Ability Enhancement Course
AECC extends for Ability Enhancement Compulsory Course
SEC extends for Skill Enhancement Course

Psychology in B.A. Program: Semester wise course types, Course codes, Course title, Delivery type, Workload, Credits, Marks of Examination, and Remarks if any.

Level	Sem	Course Type	Course Code	Course Title	L	T	P	Total Hours	Credit	Total Credit	Internal Assessment	EoS Exam	M.M.	Remarks
			PSY001T	Psychopathology	4	2	-	60	6		20	80	100	
	III	DCC	PSY001P	Practical I: Psychopathology	-	-	P	60	2	8	20	80	100	
			PSY002T	Social Psychology	4	2	-	60	6		20	80	100	
	IV	DCC	PSY002P	Practical II: Psychological Methods and Statistics	-	-	P		2	8	20	80	100	
5	IV	AECC	AEA0021T	Guidance and Counselling	2		-	30		2	10	40	50	May be opted from other core courses.

Psychology in B.A. Program: Semester wise course types, Course codes, Course title, Delivery type, Workload, Credits, Marks of Examination, and Remarks if any.

Level	Sem	Course Type	Course Code	Course Title	Delivery Type			Total Hours	Credit	Total Credit	Internal Assessment	EoS Exam	M.M.	Remarks
					L	T	P							
			PSY001T	Positive Psychology	4	2	-	60	6		20	80	100	
	V	DCC	PSY001P	Practical I: Positive Psychology	-	-	P	60	2	8	20	80	100	
			PSY002T	Social Psychology	4	2	-	60	6		20	80	100	
	VI	DCC	PSY002P	Practical II: Psychological Measurement and Assessment	-	-	P		2	8	20	80	100	
5	VI	AECC	AEA0021T	Health and Well-Being	2		-	30		10	10	40	50	May be opted from other core courses.

Dr. Vinod Mishra. Dr. Narendra Shukla , and Dr. Ranjana Patel (2021) Business Communication: Sanjay Sahitya Bhawan

Reference books [RB]:

•   Aslam, Mohammad. Introduction to English Phonetics and Phonology Cambridge.2003.

•   Ford A, Ruther. Basic Communication Skills; Pearson Education, New Delhi.2013.

•   Gupta, Ruby. Basic Technical Communication, Cambridge University Press, New Delhi.2012.

•   Kameswari, Y. Successful Career Soft Skills and Business English, BS Publications, Hyderabad. 2010.

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Semester -III

Psychopathology (Core Course)

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Course Description: This course is designed to give basic information about psychological disorder and treatment and help students learn to evaluate approaches to disorder and therapy.

Course Objective:

i.   To provide an overview about the concept of abnormality, its various dimensions and the classifications.
ii.   To understand etiology and symptoms of various psychological disorders.
iii. To enable diagnose and discriminate psychological disorders.

Unit-1

Introduction: Meaning of Normality and Abnormality, Characteristics of Abnormal Behaviour, Latest ICD and DSM Classification Systems.

Psychological Assessment Clinical Interview; Diagnostic Tests Neuropsychological, Personality, Behavioural and Bodily Assessment.

Etiology of Abnormal Behaviour: Biological, Psycho-Social, Socio-Cultural Causes.

Unit-2

Anxiety Disorders- Nature, Clinical Picture and Types: specific phobia, social anxiety disorder (social phobia) ,panic disorder agoraphobia, generalized anxiety disorder.

Obsessive Compulsive and Related Disorders.

Somatoform and Mood Disorders: Nature, Clinical Picture and Types . Somatic symptoms Disorders: Hypochondriasis , Somatization Disorder, Pain Disorder,

Conversion Disorder

Unit-3

Substance-Related Disorders: Substance-Use and Substance-Induced Disorders, Alcohol-Related Nicotine-Related and Sedative-Hypnotic/Anxiolytics-Related Disorders

Unit-4

Mood Disorders: Depression and Bipolar Disorder

Schizophrenia: Nature, Clinical Picture, and Types

Unit-5

Clinical Intervention: Psychoanalytic and Psychodynamic Therapy, Cognitive and

Behaviour Therapy and Client Centered Therapy

Mental Health: Meaning and Components: Factors Influencing Mental Health, Measures for Promoting Mental Health.

Books Recommended:

Sarason, 10 and Sarason, B.R (2005) Abnormal Psychology, Delhi, Pearson Education

Lamm, A. (1997) Introduction to Psychopathology NY Sage.

Buss. A.H. (1999) Psychopathology, N.Y. John Wiley.

अरुण कुमार सिंह (2002) आधुनिक असामान्य मनोविज्ञान, दिल्ली, मोतीलाल बनारसीदास ।

Practicals

Students have to complete any 5 of 7 practical' of the following. Practical may be in the laboratory or community of field.

1. Assessment of Mental Health:

2. PANAS

3. Measurement of Depression.

4. Measurement of Coping-Styles

5. Word Association Test

6. Eight-State Questionnaire.

8. Stress

Semester -IV

Psychological Methods and Statistics (Core Course)

Course Description: The aim of this course is to prepare students involved in research designs and statistical methods for the social and behavioral sciences. Understand and apply basic research methods in Psychology, including research design, data analysis and interpretation.

Course Objective:

i.   To understand and apply basic statistical techniques to give the familiarity and understanding of the quantitative approach in psychology.

ii. To understand the basic theoretical, methodological approaches and fundamental domains of research methods and statistics.

iii. To develop knowledge of descriptive statistics and perform the mathematical computations.

Unit 1

Introduction:

Basic Elements of the Scientific Method, Research Problem, Hypothesis, and Variables.

Research Design: Meaning, Purpose and Types of Research Design.

Sampling: Meaning; Probability Sampling method and Non-Probability Sampling method.

Methods of Data Collection:

Case Study, Observation Survey, and Interview Method.

Unit 2

Nature and scope of statistics, application of statistics in Psychology, nature and Levels of measurement-categorical and continuous variable

Measures of Central tendency- nature and purpose, computation of mean median and mode